



DIOCESE of
COLUMBUS

SAINT DYMPHNA

*Patroness of mental health,
nervous disorders, and emotional distress*



A PRAYER *to* SAINT DYMPHNA

Removing Stigmas

Good St. Dymphna, great wonder worker in every affliction of mind and body, we humbly implore your powerful intercession with Jesus through Mary, for the health of the sick. St. Dymphna, patroness of persons with mental health conditions, always look out for those men and women, for their healing and recovery, and for an end to stigma and indifference in society. Amen.

St. Dymphna, pray for us.

For mental health resources and help, *scan the QR code or visit*
columbuscatholic.org/mental-health-ministry

