COVID CLARIFICATIONS

If a student tests positive for COVID, when can they return to basketball practice/game? Day 6 or 11?
If a student is a close contact, can they test out of quarantine on day five and play sports?

For individuals who have tested positive for COVID-19 and want to return to athletics:
• Isolate for 5 days at home
• After day 5, return to school and other activities wearing a mask **consistently and correctly**
• For activities where the case is unable to wear a mask, including basketball, the cases should refrain from those activities until after day 10

For individuals who have been identified as a close contact and tested positive from an out-of-school exposure who want to return to athletics:
• Quarantine for 5 days at home
• After day 5, return to school and other activities wearing a mask consistently and correctly
• For activities where the contact is unable to wear a mask, including basketball, it is recommended that close contacts refrain from those activities until after day 10.

    Scenario: Dad tested positive. Daughter is not showing any symptoms, is fully vaccinated, is attending school and is masked. Can she practice and play?

    Because she is fully vaccinated, as long as she remains asymptomatic she can practice and play.

Every time there is a case within a team or the opponent during the game, every player and coach from both teams must be tested. If tests are negative, players and coaches may continue to participate provided they remain asymptomatic.

**Test to Play - are students who have had COVID still exempt from screening for 90 days? As long as they are asymptomatic?**

Someone who has tested positive for COVID-19 within the last 90 days would not have a need to quarantine. As such, they would not have to follow the Test to Play guidelines for testing, but should wear a mask when possible for 10 days.
While reviewing the above, the following questions came up. I have decided to include them in hopes they will help you understand.

What is the difference between isolation and quarantine?

- **Isolation** separates sick people with a contagious disease from people who are not sick.
- **Quarantine** separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. These people may have been exposed to a disease and do not know it, or they may have the disease but do not show symptoms.

Most lay people use these terms interchangeably, but since I know the school nurses will be reading your docs, I am just making sure terminology is accurate and clear.

How does vaccination status play into Covid protocols?

Vaccination status does not come into play for Test to Play. However, if a student is unvaccinated and identified as a close contact outside of school, they would be asked to quarantine. IE - Mrs. Smith tests positive, her son John is unvaccinated. John would be asked to quarantine for 5 days from school and 10 days from athletics.

Are the protocols the same for vaccinated & unvaccinated players?

Test to Play does not take into account vaccination status. Exposures to outside contacts (ie household contacts) does take into account vaccination status.

What is fully vaccinated for the kids—both shots?

Fully vaccinated (now called "up to date") requires both the primary series and a booster if a student is greater than 5 months from Moderna or Pfizer vaccine or 2 months from J & J

They are not eligible for the boosters yet, right?

Middle schoolers may need boosted and are now eligible. If a middle schooler received their vaccination this past summer, (ie greater than 5 months ago), they do need to have their booster to be considered "up to date."

Why is the vaccination status different when the positive case is one of the team members compared to a positive case from home or outside the team?

The health department differentiates between an exposure at school or sports and outside exposures. Mainly this comes into play when there are family members with COVID living in the same house. When there is COVID in the house, the level of transmission is extremely high and most likely, everyone gets sick.