

F&S..... Feasts & Seasons
 LUP..... Let Us Pray

OCH..... Our Catholic Heritage
 FIA..... Faith in Action

I. Catechesis Promotes Knowledge of the Faith

(Catechism of the Catholic Church, 26-1065; General Directory for Catechesis, 84-85, 87)

A. The Person of Jesus Christ

Jesus loves and invites every person to be in relationship with him

- I. A. 1. Know Jesus is both human and divine, Son of Mary and Son of God (CCC 495; CFCL I.A.7)
- I. A. 2. Know some key events in Jesus’ life: e.g., his birth, his death, and his rising to new life
- I. A. 3. Know that Jesus died on the cross to show God’s love for all people (CCC 609; CFCL I.A.8)

Ch. 9, 10, 12, 17

Ch. 9; F&S: Advent, Mary

Ch. 9, 10; F&S: Christmas, Holy Week, Easter

F&S: Holy Week

B. Understand Scripture

Sacred Scripture is the living Word of God, a history of the covenant and a guide for life today

- I. B. 1. Identify the Bible as the inspired word of God (CCC 105)
- I. B. 2. Know that the Bible is full of stories that show God’s love for his people, e.g., Creation, Noah’s ark, Moses, Good Shepherd, Good Samaritan, etc. (CFCL I.A.6)
- I. B. 3. The Gospels tell us the Good News about Jesus (CCC 121-125)

The Bible; Ch. 3; OCH: About the Bible

Ch. 1, 2, 4, 5, 8-14, 15, 18;
 F&S: Advent, Christmas, Lent, Holy Week, Easter, Mary

Ch. 3, 12; OCH: About the Mass

C. Creeds and Doctrines of the Church

The Creed expresses the faith of our Church and professes it to the world

- I. C. 1. Identify God as Trinity: Father, Son, and Holy Spirit (CCC 233)

Ch. 13; OCH: About the Trinity

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- I. C. 2.** Recognize that the Holy Spirit is a gift from God (CCC 733; Jn 14:16, 26; CFCL I.A.7 & 9)
- I. C. 3.** Know that God created the world and made it good (CCC 295, 299; Gen 1:1-31; CFCL I.A.1)
- I. C. 4.** Know that God is Love (CCC 1604; CFCL I.A.1)
- I. C. 5.** Know that God desires all people to be happy with him now and forever in Heaven (CCC 1023-1024; Jn 14:2-3)
- I. C. 6.** Know that angels are God’s messengers sent to help and protect (CCC 329, 336)

Ch. 13

Ch. 5

Ch. 5; OCH: About the Trinity

Ch. 7; OCH: About New Life Forever

Ch. 9

D. Discover the Church’s Tradition and Relevance of Church History

Our Church has a rich heritage which still serves as a guide for us today

Ch. 1, 18, 19; OCH: About the Catholic Church

- I. D. 1.** Know that God’s gift of the Holy Spirit at Pentecost is the birthday of the Church (CCC 731-732)

Ch. 18

E. Christian Thought and Culture

Our Church’s tradition is based in an appreciation for the gifts of many persons – theologians, saints, artists, teachers and preachers – living as faithful disciples of Jesus

- I. E. 1.** Recognize saints as holy people who are examples of how to love God and one another (CCC 823)

Ch. 7; OCH: About Mary

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**II. Catechesis Promotes Knowledge
of the Meaning of the Liturgy
and Sacraments**

(CCC 1066-1690; GDC 84-85, 87)

A. Paschal Mystery Forms and Transforms

The liturgical and sacramental life of the Church informs, forms, and transforms us as disciples of Jesus in the world (CCC 654, 1066-1067, 1085)

- II. A. 1. Know that the liturgy teaches about the life of Jesus (CCC 1194)
- II. A. 2. Know that the liturgy is the special prayer of God’s family (CCC 1068, 1140)

Ch. 2, 3, 10; OCH: About the Mass

Ch. 2, 10

B. Sacraments

Sacraments are special celebrations of God’s love for us

- II. B. 1. Identify sacraments as special times when Jesus comes to be with us (CCC 1131)
- II. B. 2. Recognize that through Baptism we are freed from Original Sin, share in God’s life, and become members of God’s family (CCC 1213)
- II. B. 3. Recognize that at Mass the bread and wine become the Body and Blood of Jesus Christ (CCC 1375)
- II. B. 4. Recognize the Sacrament of Penance and Reconciliation as a gift from God (CCC 1468-1469)

Ch. 14; OCH: About the Sacraments

Ch. 6, 14; OCH: About the Sacraments

Ch. 8, 10; OCH: About the Sacraments, About the Mass

OCH: About the Sacraments

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C. Liturgical Catechesis

We are invited into full, active, and conscious participation in the liturgical life of the Church (CCC 1071)

- II. C. 1. Identify the different liturgical seasons and their respective colors (CCC 1163-1171, 1194)
- II. C. 2. Recognize that we celebrate Sunday as the Lord’s Day because of Jesus’ Resurrection (CCC 1166-67, 1193)
- II. C. 3. Identify sacred objects and spaces in church, e.g., altar, ambo, baptismal font, Book of the Gospels, tabernacle etc. (CCC 1182-1185)
- II. C. 4. Identify liturgical postures and their meaning, e.g., standing (reverence); sitting (attentive listening); and kneeling (adoration) (CCC 1153-1158)
- II. C. 5. Understand that Christians learn about Jesus in the scripture readings at Mass (CCC 1349)
- II. C. 6. Know that there are some special days, besides Sunday, that we go to Mass, e.g., All Saints Day; Immaculate Conception of Mary; Christmas; Mary, Mother of God; Assumption of Mary (CCC 1171, 1173)

F&S: The Church Year

F&S: The Church Year

Ch. 2; OCH: About The Catholic Church, A Visit to Church, About the Mass

Ch. 2, 10, 16; OCH: About the Mass

Ch. 12; OCH: About the Mass;
F&S: Ordinary Time

F&S: Ordinary Time, Christmas, Mary, The Church Year

D. Dimensions of Priesthood: Baptismal and Ordained

Like Jesus, we are called to be priest, prophet, and king

- II. D. 1. Know that because of their baptism all people are called to serve God (CCC 871, 1140)

Ch. 6, 14; OCH: About the Sacraments

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**III. Catechesis Promotes Moral Formation
in Jesus Christ**

(CCC 1691-2557; GDC 84-85, 87)

A. Commandment to Love

The 'new commandment' of Jesus, to love one another as he, God, has loved us is one of the defining characteristics of the Christian faith (Jn 13:34-35)

III. A. 1. Know that Jesus reveals to us that God is Trinity: Father, Son and Spirit (CCC 240, 243; CFCL I.A.1)

OCH: About the Trinity; Ch. 13

III. A. 2. Understand that Jesus wants all people to love God and love one another (CCC 1878, 1970; Lk 10:25-28; CFCL I.A.1, 9)

Ch. 7, 17, 19

B. Ten Commandments and Beatitudes

The Scriptures, especially in the Ten Commandments and the Sermon on the Mount, give us moral guidance

III. B. 1. Understand that God gives rules to follow, to help all people love each other (CCC 1962, 1965)

OCH: About the Ten Commandments

III. B. 2. Understand that, by his example, Jesus teaches us how to love God and each other (CCC 520, 1823; Jn 13:34-35; Jn 15:12; CFCL I.A.9)

Ch. 11, 12

C. Sin and Grace

God's love can overcome the evil of sin in our world

III. C. 1. Know that Jesus wants us to forgive those who hurt us (CCC 2840; Lk 6:35; Lk 17:3-4; Lk 23:33-34)

Ch. 11

III. C. 2. Define sin as choosing to disobey God and hurt others (CCC 1849-1850; Gn 3)

Ch. 11; OCH: About Sin and Forgiveness

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- III. C. 3. Know that before the Fall, Adam and Eve shared in friendship with God (CCC 396; CFCL I.A.4)
- III. C. 4. Know that Original Sin occurred when Adam and Eve disobeyed God (CCC 897; CFCL I.A.4)
- III. C. 5. Describe the differences between an accident, a mistake, and a sin
- III. C. 6. Know that God’s grace helps people to live as his children

Ch. 5

Ch. 6, 14; OCH: About the Trinity

D. Conscience Formation

The Gospel calls us to ongoing conversion, transforming our ways of thinking and living

- III. D. 1. God gives people the freedom to choose (CCC 1730-1731, 1744)
- III. D. 2. Recognize that the Holy Spirit works within each person to help them make good choices (CCC 729, 1830; Jn 14:26)

Ch. 11

Ch. 11; OCH: About the Trinity

E. Objective Moral Norms

The Scriptures and Tradition of the Church teach us about right and wrong

- III. E. 1. God gives the Holy Spirit, the Bible, and the laws of the Church to help the baptized know right and wrong (CCC 1785)

Ch. 3, 11, 18; OCH: About the Trinity, About the Ten Commandments

F. Gospel of Life

All life is a gift from God and is to be held sacred

- III. F. 1. Recognize that God created all life: human, animal, and plant and called it good (CCC 299, 339; Gn 1:20-27)

Ch. 5, 7

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III. F. 2. Understand that all people are made in God’s image (CCC 355; Gn 1:27; CFCL I.A.1)

Ch. 5, 7

III. F. 3. Know oneself as loved and valued (Mt 6:25-34; CFCL I.A.1)

Ch. 5, 7

III. F. 4. Know that care and respect for our bodies and for those of others is a response to God’s love (CCC 1004)

Ch. 5, 7; OCH: About The Ten Commandments

G. Living a Moral Life

As disciples of Jesus, we desire to follow him in his attitudes and actions

III. G. 1. Recognize the life and teachings of Jesus as a model for how all people should live (CCC 1694)

Ch. 1, 6, 9; OCH: About the Trinity

III. G. 2. Know that in our Baptism, we receive special graces from God to help us love and serve him as disciples of Jesus (CCC 1812-1813; CFCL I.A.12, 28)

Ch. 6; OCH: About The Sacraments

IV. Catechesis Teaches the Christian

How to Pray

(CCC 2558-2865; GDC 84-85, 87)

A. Christian Prayer Tradition

Prayer in all its many forms is a language of love, faith, and hope

IV. A. 1. Know/pray the Sign of the Cross (CCC 2166)

Ch. 1; LUP

IV. A. 2. Identify different times and places to pray (CCC 2157, 2743)

Ch. 4, 8, 12, 16, 20; OCH: About Kinds of Prayer

IV. A. 3. Recite the following formal prayers: Our Father, Hail Mary, and Glory Be (CCC 2688)

Ch. 8, 9 13; LUP; F&S: Mary; OCH: About the Mass, About the Lord's Prayer

IV. A. 4. Recognize that one can pray alone or with others (CCC 2664)

OCH: About Kinds of Prayer

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B. Personal Prayer

The mystery of God’s action in our lives draws us into a deeper relationship and a deeper desire to respond in prayer (CCC 2591)

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| IV. B. 1. Understand that praying is listening to and talking with God (CCC 2564) | Ch. 4 |
| IV. B. 2. Understand one needs to spend time with God in prayer (CCC 2744; CFCL I.A.24) | Ch. 4, 12; OCH: About Prayer |
| IV. B. 3. Know that one can pray with words, with quiet listening, and with actions (CCC 2700-2708, 2722) | Ch. 4, 8, 12, 16, 20; OCH: About Prayer |

C. Communal Prayer

We share prayer with others, and worship together as the People of God

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| IV. C. 1. Know that the church building is a sacred place where the faith community gathers to worship (CCC 1181, 2691, 2696) | Ch. 2 |
| IV. C. 2. Identify some appropriate gestures in use in church, e.g., sitting, standing, kneeling, genuflecting, sign of the cross, sign of peace, etc. (CCC 1153-1155) | Ch. 2, 10; OCH: About the Mass |

D. Popular Piety and Devotions

Our families and friends share with us ways to grow closer to God

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| IV. D. 1. Know that Holy Water is a sign of baptism (CCC 1668) | Ch. 6 |
| IV. D. 2. Know that one can ask others to pray for them, e.g., saints, family, friends, church community (CCC 2683-2684) | Ch. 16; OCH: About Mary; FIA: Ch. 9, 12 |
| IV. D. 3. Know that Jesus’ mother, Mary, is a special friend in prayer (CCC 2682) | Ch. 9; OCH: About Mary; F&S: Christmas |

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V. Catechesis Prepares the Christian to Live in Community and to Participate in the Life and Mission of the Church
(GDC 84, 86-87)

A. Spiritual Growth

Our community life is built on the understanding that humans grow and develop physically, mentally, emotionally, and socially as well as spiritually

V. A. 1. Know that it is God’s plan for people to grow in holiness (CCC 2013-2015, 2813; Lk 2:40, 52) Ch. 7

V. A. 2. Know that God gives grace to help people to grow more like him (CCC 2021-2023) Ch. 6, 14

B. Relationships and Responsibilities

In the Gospel, Jesus teaches us that living together in the Kingdom of God, we must grow in understanding, compassion, and care for the least and in mutual charity

V. B. 1. Identify some ways Jesus shows people how to love God, each other, and creation (CCC 2407, 2415-2418; Gn 1:26; Lk 10:25-28) Ch. 5, 7

V. B. 2. Understand that feelings are natural and necessary in building relationships with God, self, and others Ch. 7, 11

V. B. 3. Understand that our bodies are gifts from God and must be treated with respect. (CCC 1695; 1 Cor 6:19; CFCL I.A.24) Ch. 5, 7; OCH: About the Ten Commandments

C. Marriage and Family Life—Domestic Church

Our family life is the church of the home, where we learn to love God and care for each other

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V. C. 1. Know that at the Annunciation, Mary said “yes” to God to be the mother of Jesus (CCC 484-486, 490; Lk 1:26-38)

Ch. 9

V. C. 2. Know that Joseph is the foster father of Jesus (CCC 437)

Ch. 9; OCH: Christmas

V. C. 3. Know that the family is where one first learns to pray (CCC 2204-2206)

Ch. 4, 12

D. Faith Communities

Participation in the life and mission of the Church is both personal and communal (CCC 1134)

V. D. 1. Know that people become members of God’s family, the Church, at Baptism (CCC 1213)

Ch. 6; OCH: About the Sacraments

V. D. 2. Understand that those who believe in Jesus form God’s true family, the Church (CCC 752; Acts 2:42-47; Acts 4:32-35)

Ch. 1, 2, 6, 18

V. D. 3. Identify God’s family as consisting of people from all races, languages, and abilities (CCC 543; Mt 8:11)

Ch. 18

E. Nature and Mission of the Church

The Church is the family of God, sent to bring the Good News of Jesus to all people

V. E. 1. Know that God calls his Church to help build the Kingdom of God on earth (CCC 541, 567; Mt 6:33)

Ch. 19

F. Ecumenism

We share in promoting the unity of all God’s people as part of our fidelity to the Gospel

V. F. 1. Nothing at this age

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VI. Catechesis promotes a Missionary Spirit that prepares the faithful to transform the world

(GDC 84, 86-87)

A. Evangelization

The Sacraments of Initiation both invite and empower us to live as disciples in the larger society and in the world

VI. A. 1. Know that all baptized Christians are called to follow Jesus and be his disciples (CCC 1269-1270, 1694)

Ch. 6, 17, 19; F&S: Lent

B. Vocation/Apostolate

Each is called to a particular task in helping to reveal the Kingdom of God in the service of God’s plan for the world

VI. B. 1. Understand that each person is called to love God in a special way (CCC 52, 2093; Dt 6:4-5; Mt 9:9-13)

Ch. 7; OCH: About the Trinity

VI. B. 2. Know that in Baptism we are made members of God’s family (CCC 1279)

Ch. 6; OCH: About the Sacraments

C. Social Action and Transformation

The Social Teachings of our tradition inspire us to concern and to action aimed at the well-being of all humankind

VI. C. 1. Know that a Christian is called to help build the Kingdom of God (CCC 2046; Mt 6:33)

Ch. 19

VI. C. 2. Give examples of how one can help others in need (Mt 25)

Ch. 15, 17, 19; FIA: Ch. 1, 8, 9

VI. C. 3. Name ways that one can take care of God’s creation

Ch. 5; FIA: Ch. 5

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D. Interreligious Dialogue

We dialogue and work with people of other faiths, to build understanding and to find our common hopes and values for a better world

VI. D. 1. Nothing at this age

