

THE
SAFE DIGITAL FAMILY
Challenge



Text
SECURE to
66866
to get started

You'll receive a week's worth of emails to help protect your home with caring controls.

Information Included:

- YouTube Restricted Mode
- Understanding Apps
- Setting iOS Screen Time and Content Restrictions
- Google SafeSearch
- The Importance of Accountability
- Social Media and Teens
- Critical Conversations

100% Free • Available in English and Spanish